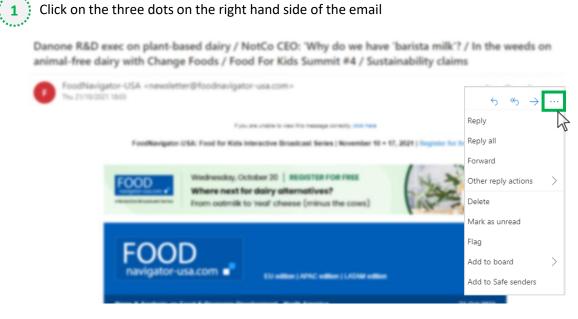
## Method one

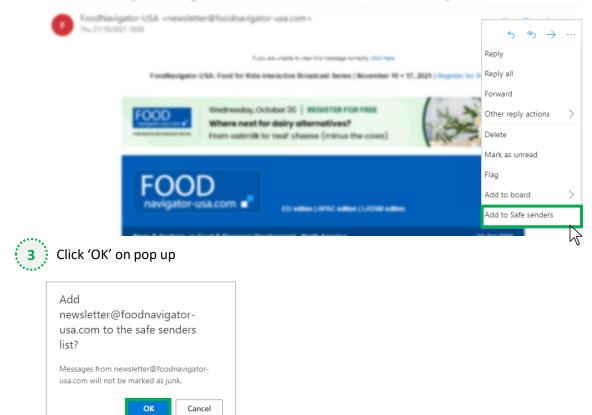




### Select 'Add to safe senders'

5

Danone R&D exec on plant-based dairy / NotCo CEO: 'Why do we have 'barista milk'? / In the weeds on animal-free dairy with Change Foods / Food For Kids Summit #4 / Sustainability claims

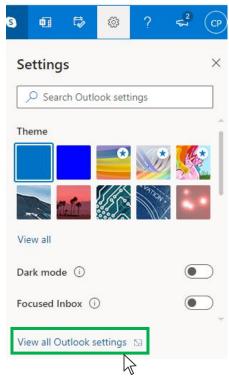


# Method two

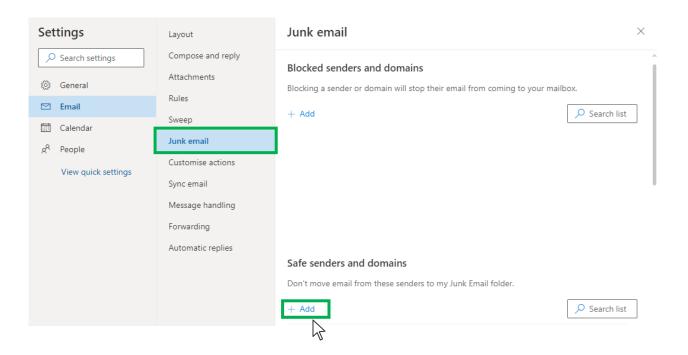


2

Click on the cog icon (Settings Menu) located on the top right and choose 'View all Outlook Settings'



On the menu located on the left hand side, select 'Junk email' (under Email) and click +Add under 'Safe senders and domains'



# Outlook.com or Windows Live Mail



0

### Type 'newsletter@foodnavigator-usa.com' into the text box and click enter to add us to

#### your safe senders list

Settings	Layout	Junk email $ imes$
✓ Search settings	Compose and reply	
🔅 General	Attachments	
🗠 Email	Rules	
Calendar	Sweep	Safe senders and domains
g <sup>R</sup> People	Junk email	Don't move email from these senders to my Junk Email folder.
View quick settings	Customise actions	+ Add $\redset{Search list}$
	Sync email	newsletter@nutraingredients-asia.com
	Message handling	
	Forwarding	
	Automatic replies	
		Safe mailing lists
		Save Discard



### 4 Press 'Save' at the bottom of the page to complete the process

Settings	Layout	Junk email $ imes$
✓ Search settings	Compose and reply	
题 General	Attachments	
🗠 Email	Rules	
Calendar	Sweep	Safe senders and domains
g <sup>R</sup> People	Junk email	Don't move email from these senders to my Junk Email folder.
	Customise actions	+ Add 🖉 Search list
View quick settings	Sync email	newsletter@nutraingredients-asia.com
	Message handling	
	Forwarding	
	Automatic replies	
		Safe mailing lists
		Save Discard