Outlook.com or Windows Live Mail

Method one

1 Click on the three dots on the right hand side of the email
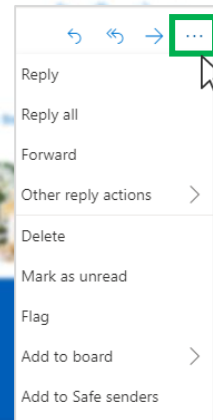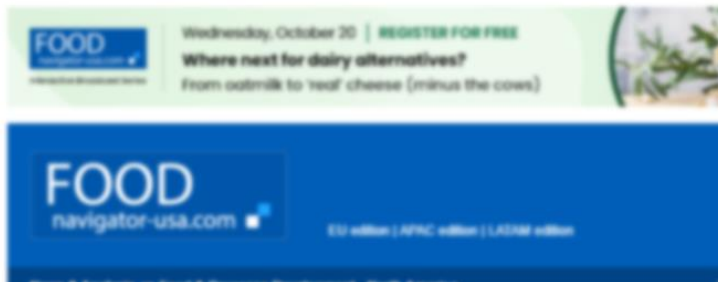

2 Select 'Add to safe senders'

3 Click 'OK' on pop up

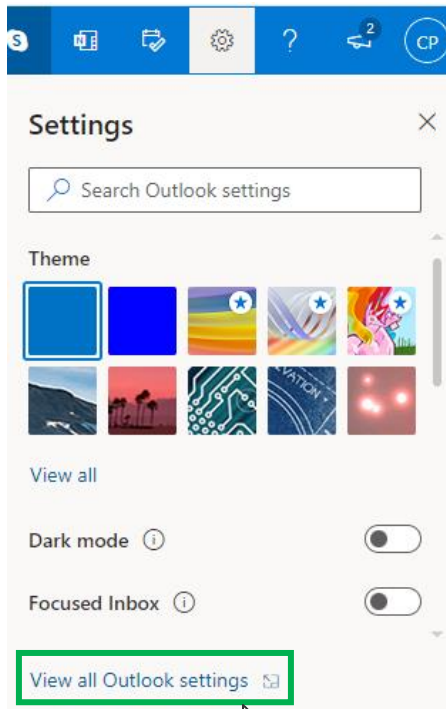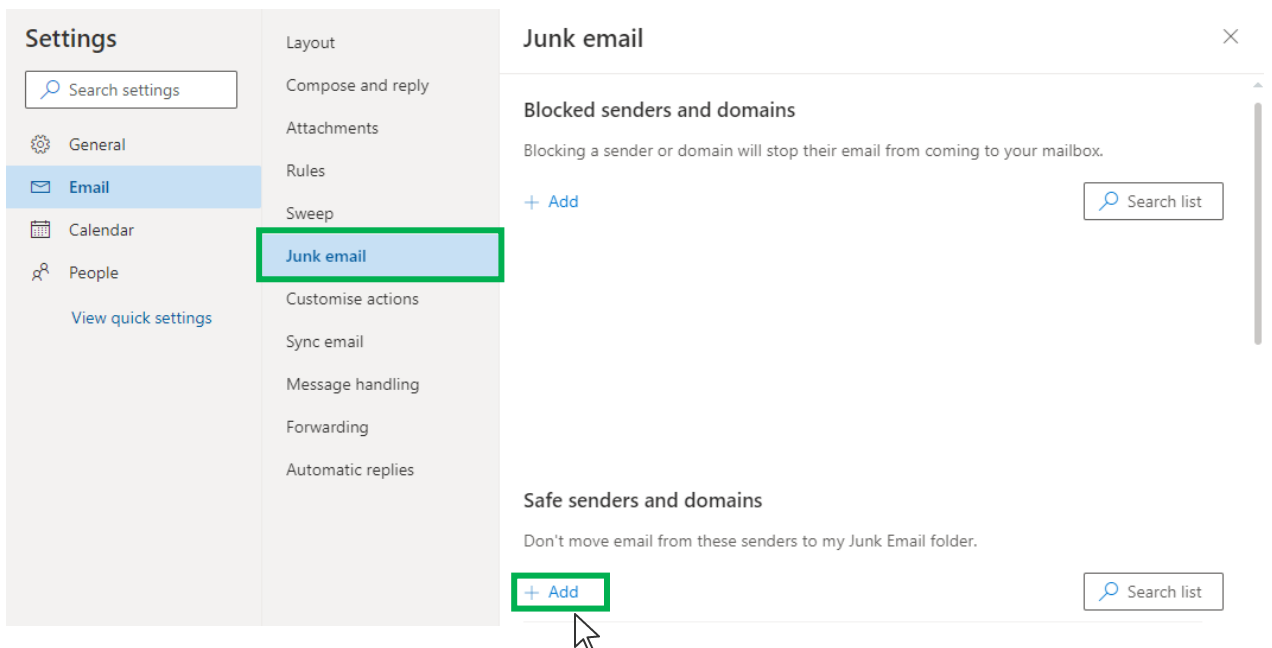# Outlook.com or Windows Live Mail

Method two

1 Click on the cog icon (Settings Menu) located on the top right and choose 'View all Outlook Settings'

2 On the menu located on the left hand side, select 'Junk email' (under Email) and click +Add under 'Safe senders and domains'
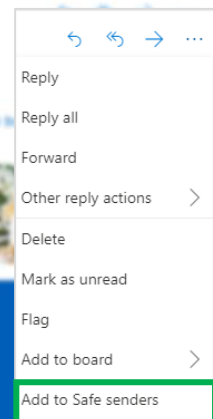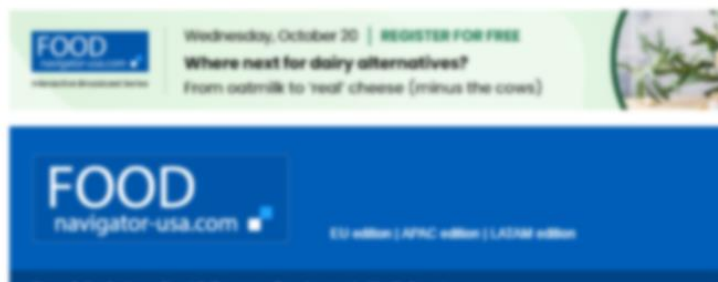
3 Type '**newsletter@foodnavigator-usa.com**' into the text box and click enter to add us to your safe senders list

4 Press 'Save' at the bottom of the page to complete the process