



Outlook.com or Windows Live Mail

Method one

- 1 Click on the three dots on the right hand side of the email

Industry body slams 'lazy' scapegoating of processed foods in Farm to Fork / Could price hikes cost Unilever volumes? / ofi CEO talks innovation and growth / Innovation in children's food / Importaco boosts probiotic count in nuts

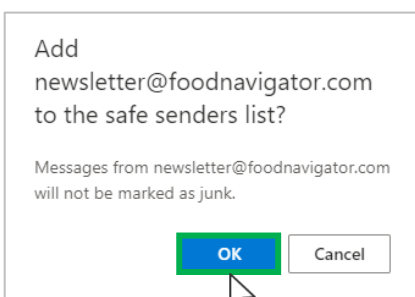


- 2 Select 'Add to safe senders'

Industry body slams 'lazy' scapegoating of processed foods in Farm to Fork / Could price hikes cost Unilever volumes? / ofi CEO talks innovation and growth / Innovation in children's food / Importaco boosts probiotic count in nuts



- 3 Click 'OK' on pop up

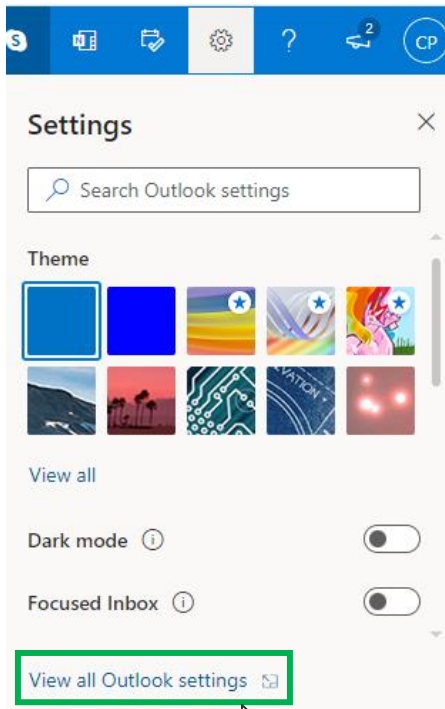




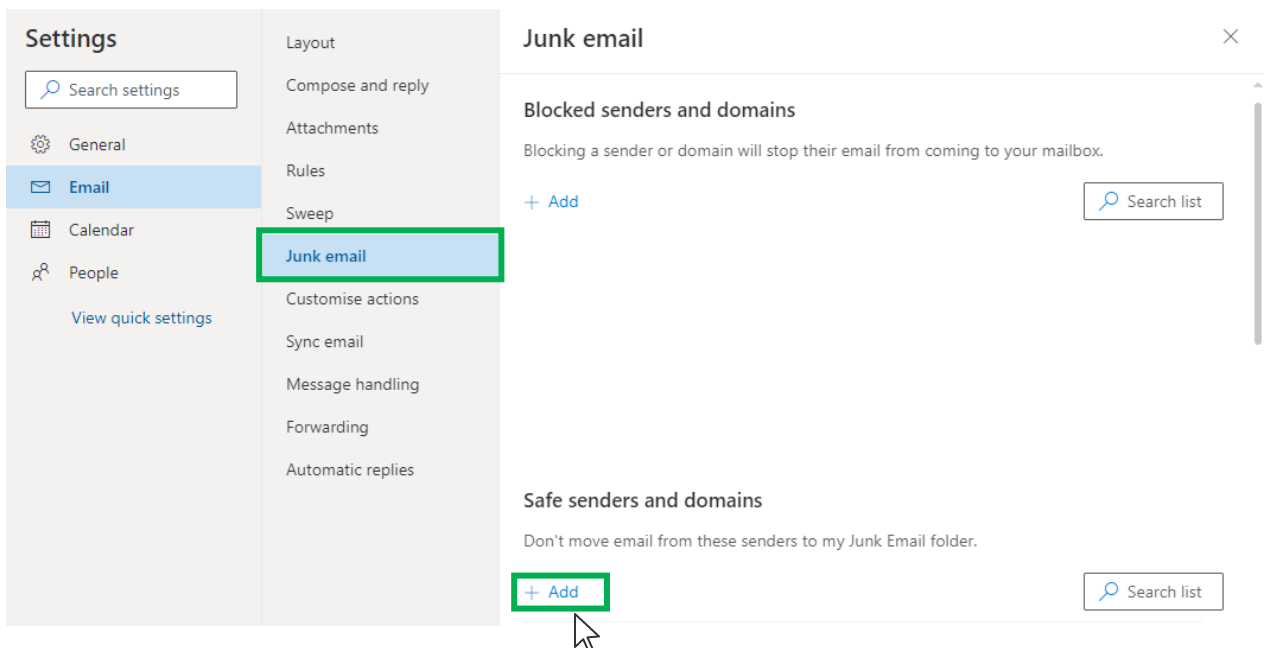
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Method two

- 1 Click on the cog icon (Settings Menu) located on the top right and choose 'View all Outlook Settings'



- 2 On the menu located on the left hand side, select 'Junk email' (under Email) and click +Add under 'Safe senders and domains'





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Type '**newsletter@foodnavigator.com**' into the text box and click enter to add us to your safe senders list

The screenshot shows the Outlook settings interface. On the left, the 'Settings' pane is open to the 'Email' section, with 'Junk email' selected. The main pane displays the 'Junk email' settings. Under the 'Safe senders and domains' section, the instruction reads 'Don't move email from these senders to my Junk Email folder.' Below this, there is an '+ Add' button and a search box. The email address 'newsletter@nutraingredients-asia.com' is entered in the search box and is highlighted with a green border. At the bottom right, there are 'Save' and 'Discard' buttons.

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Press 'Save' at the bottom of the page to complete the process

This screenshot is identical to the previous one, showing the 'Junk email' settings with 'newsletter@nutraingredients-asia.com' in the search box. The key difference is that the 'Save' button at the bottom right is now highlighted in green, and a mouse cursor is pointing at it, indicating the final step of the process.