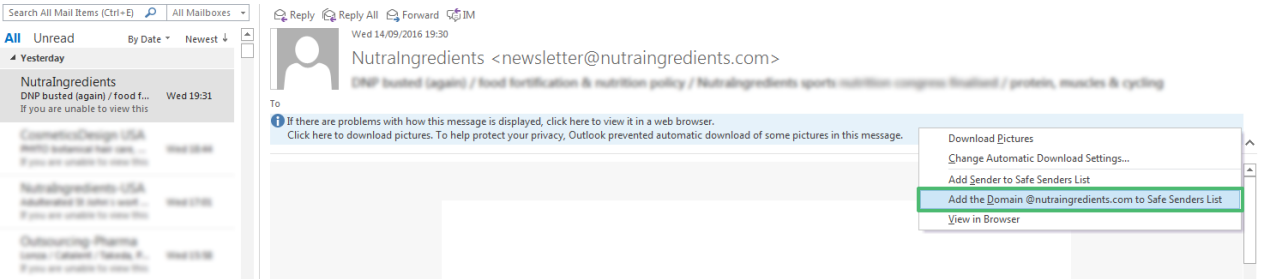




# Outlook (2003 and higher)

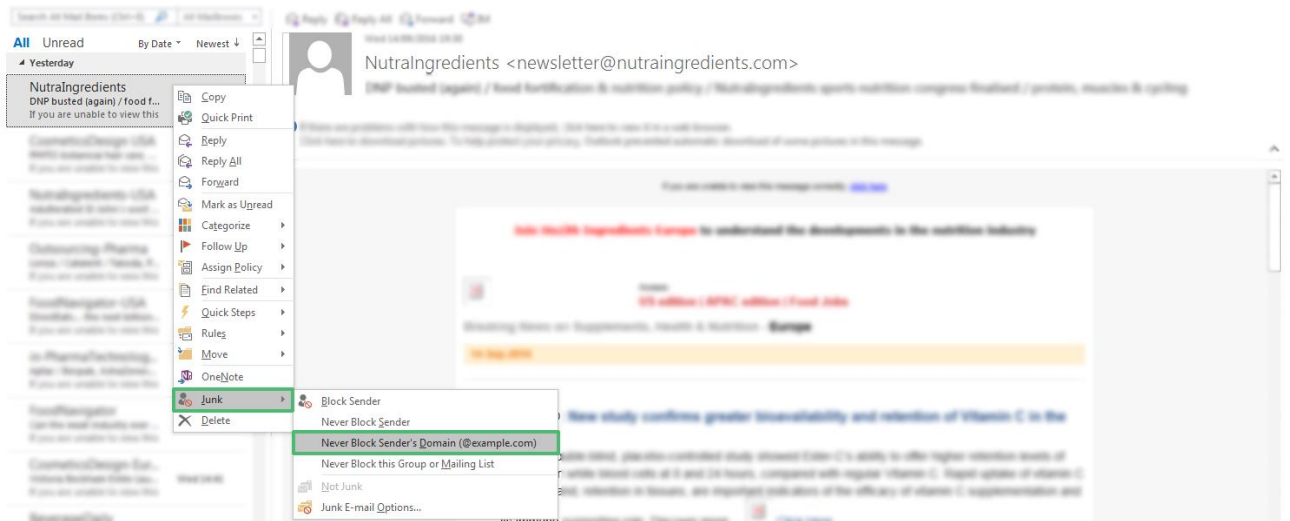
## Method One

1. Open one of our emails in your inbox (this may be in your junk or clutter folder)
2. Right click 'Click here to download pictures...'
3. Choose 'Add the Domain @nutraingredients-latam.com to Safe Senders list'



## Method Two

1. Select one of our emails in your inbox (this may be in your junk or clutter folder)
2. Right click and go to 'Junk'
3. Choose 'Never Block Sender's Domain'



## Method Three

Alternatively, you can add us directly to your address book by clicking on the following link:

Add [NutraIngredients-Latam](#) to your address book