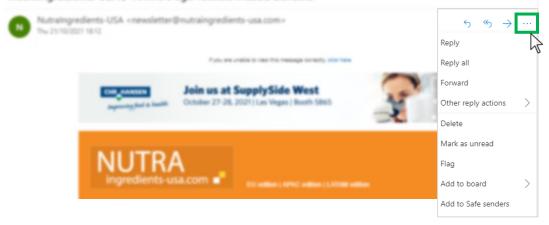
Method one



Click on the three dots on the right hand side of the email

Expanding FDA's tool box, fending off state laws among priorities laid out at CRN meeting / October Launch Pad / Prenexus Health launches mushroom-based prebiotic / Exciting changes at NutraIngredients-USA / TWK10's age-related muscle benefits





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usa.com to the safe senders list?			

Messages from newsletter@nutraingredientsusa.com will not be marked as junk.

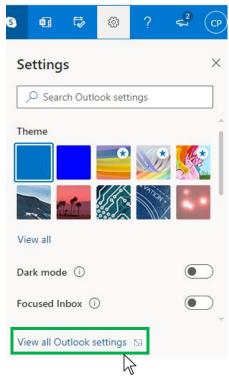


Method two

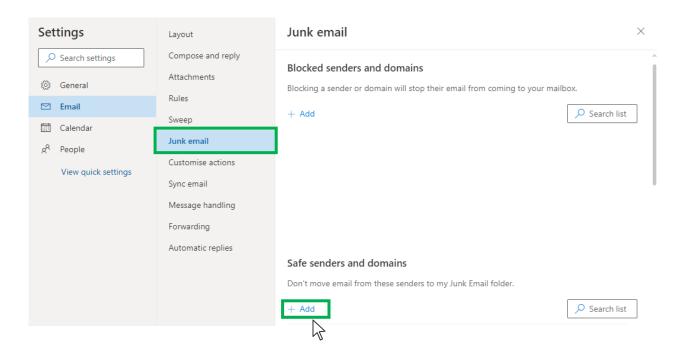


2

Click on the cog icon (Settings Menu) located on the top right and choose 'View all Outlook Settings'



On the menu located on the left hand side, select 'Junk email' (under Email) and click +Add under 'Safe senders and domains'



Outlook.com or Windows Live Mail

3

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Type '**newsletter@nutraingredients-usa.com**' into the text box and click enter to add us to your safe senders list

Settings	Layout	Junk email $ imes$
ho Search settings	Compose and reply	
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🗠 Email	Rules	
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4 Press 'Save' at the bottom of the page to complete the process

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	Customise actions	+ Add \checkmark Search list
View quick settings	Sync email	newsletter@nutraingredients-asia.com
	Message handling	
	Forwarding	
	Automatic replies	
		Safe mailing lists
		Save Discard
		2